# Journal of Special Operations Medicine

# **Template with Submission Criteria and Guidelines**

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# **Abstract and Manuscript Word and Figure/Table Limits**

|                                      | Word limit (including abstract) | Limit<br>figures/<br>tables | Abstract word limit               |
|--------------------------------------|---------------------------------|-----------------------------|-----------------------------------|
| Case Report                          | 2,000                           | 4                           | 150, nonstructured                |
| In Brief                             | 2,000                           | 4                           | 150, nonstructured                |
| Original Research                    | 3,750                           | 8                           | 250, structured                   |
| Review                               | 3,750                           | 4                           | 200, structured                   |
| Review with case presentations       | 3,500                           | 8                           | 200, structured                   |
| Editorial                            | 2,000                           | 4                           | none                              |
| Letter to Editor                     | 1,500                           | 0                           | none                              |
| There I was                          | 2,000                           | 4                           | none                              |
| Picture This                         | 2,500                           | 8                           | 150, nonstructured                |
| World of Special Operations Medicine | 2,000                           | 6                           | 150, nonstructured                |
| Book Review                          | 750                             | Cover shot                  | none                              |
| Handbook: Full work                  |                                 |                             | 5-10 sentences, 100-<br>250 words |
| Handbook: Chapter                    |                                 |                             | 5-10 sentences, 150 words         |

### **Template Instructions and Template**

The following template is intended to clarify the submission process for authors.

- This template is suggested (but not required) for your first manuscript submission. The template is required for revisions.
- Authors should replace blue words with their own black words. Grey words are for informational purposes and should be deleted.
- Instead of manually formatting text, authors should use the default Styles in this
  template (on the Microsoft Word ribbon, under Home, the Styles are towards the right).
  Simply copy the text and click on the relevant style. Heading <1> is for level-one sections
  of the manuscript (e.g., Introduction, Methods). Heading <2> is for level two
  (subsections). Regular body text should be formatted as the "Body" format. Quotations
  are formatted as "Extract."
- The current level-one headings in the template below (Introduction, Methods, Results, Discussion) are for original research. They can be changed to the appropriate headings for your study design.
- Some text is intended as an example. For example, "2COL Second Last" does not imply
  that the authors must have a COL on the manuscript. "Initials orchestrated all approvals
  for field observations" does not imply that authors must have an author who conducted
  field observations.
- Remove the text before (including this page) and after (starting at manuscript checklist) the template. Submit as an editable Microsoft Word document.

#### <rh> Running Head

# **Title In All Caps: Study Design (suggest <50 characters)**

First M. Last, PhD<sup>1</sup>\*; Second M. Last, MD<sup>2</sup>; Third M. Last, MDiv<sup>3</sup>; Fourth Last, DO<sup>4</sup>

\*Correspondence to Name, Organization, Address, City, State, Zipcode *or* email <sup>1</sup>Dr First Last is a position affiliated with Institution, City, State. <sup>2</sup>COL Second Last is a position affiliated with the US

<sup>1</sup>Dr First Last is a position affiliated with Institution, City, State. <sup>2</sup>COL Second Last is a position affiliated with the US Army. <sup>3</sup>Third Last is affiliated with the Institution, City, State. <sup>4</sup>Col (Ret) Fourth Last is a position affiliated with the Institution, City, State. Use ICMJE authorship guidelines. Any medics must be involved and included as authors. All affiliations under 30 words.

#### **ABSTRACT**

| The abstract summarizes your manuscript (or handbook/chapter). It is freely discoverable online and helps search engines and readers find your work. Abstracts are the only substantive portion of the article indexed in many electronic databases and the only portion that many viewers read; therefore, authors need to be careful that the abstract accurately reflects the article's content. The authors must ensure that the information in the abstract does not differ from that in the main text. |
|--|
| Clearly describe the main arguments, conclusions, and essential aspects. Summarize content rather than 'selling' it.   |
| Please indicate and provide the ClinicalTrial.gov address if part of a clinical trial.   |
| Under 250 words for original research. See the guidelines below for other manuscript types.  |
| Example for original research/systematic review: Background: Captures the essence of the work from the first sentence. States purpose. Methods: Identify equipment if appropriate, but do not include the URL until the main manuscript. Results: Include data and p-values. Conclusion:   |
| Single paragraph.  |
| Refer to content in the 3rd person neutral singular ('it').  |
| Research findings are in the past tense.   |

|       | Incorporate keywords. While the list of keywords (below) should be in their basic form (e.g., singular nouns, infinitive verbs), any word form may be used in the Abstract.   |
|-------|---|
|       | Any acronyms/abbreviations are spelled out in the first usage; the fully spelled-out term is not used thereafter. Do not use any abbreviation if only needed once.  |
|       | If abstracts do not meet these requirements or minimum or maximum word count, copyeditors will edit them to comply and query the author.  |
| KEYWO | ORDS: first; second; third; fourth; fifth   |
|       | <i>Keywords</i> are index terms that capture the essence of your work. Abstracts and keywords help people discover your work and generate links to it; they are an integral part of Search Engine Optimization (SEO). These should be the kinds of short words and phrases readers might put into a search box. |
|       | Use 5-10 keywords. Use NIH MeSH listings and other commonly searched terms. (For handbooks, 5-10 for the work and each chapter).  |
|       | Identify the most important topics covered in the piece of content. Be specific. Avoid general words that will overlap with unrelated searches.   |
|       | Each keyword is short and in its basic (uninflected) form. Use one word where possible. Use two- or three-word specialist terms only where necessary.   |
|       | Use lowercase except for proper nouns.  |
|       | Format names as 'John Smith' rather than 'Smith, John.'   |
|       | Use italicized type only (no italics for handbooks – even for book titles).   |
|       | No punctuation (e.g., inverted commas or quotation marks) except semicolons, as shown.  |
|       | Use abbreviations or acronyms if these will be more familiar to the readership (e.g., "Tony Blair," not "Anthony Charles Linton Blair")   |
|       | Use variants as separate Keywords (e.g., "RAF" and "Royal Air Force").  |

|       | query the author.  |
|-------|--|
| Intro | duction  |
|       | A logical argument to justify the significance and purpose of the work. Should not include information (even related information) that does not support the rationale for the study/work. Suggested framework: paragraph 1: what was known about the subject area prior to the study; paragraph 2: link to the knowledge gap that existed before the study; paragraph 3: study purpose and hypotheses. Provide only directly pertinent references. |
|       | Primary and secondary objectives must be clear. Describe all prespecified subgroup analyses. Provide only directly pertinent references.   |
|       | Include hypotheses tested. State the purpose/objective at the end.   |
|       | Do not include data or results/conclusions from the work being reported.   |
|       | Example of an AMA citation.¹ See the Reference section below for more details.   |
|       | Example of a quotation:  |
| Не    | ere is a formatted quotation using the "Extract" style.  |
| Meth  | ods  |
|       | The methods must contain sufficient detail for readers to understand what was done and to reproduce the results.   |
|       | Any work with animals or human subjects must include statements about ethical approval (including approval number). Human subjects must <i>also</i> include a statement about informed consent (parental/guardian consent if appropriate). State explicitly if a study is exempt from either (e.g., publicly available data).  |
|       | Use this format for all equipment, software, or specialized reagents: "manufacturer, manufacturer city, state; (URL)." Only do this in the first use of the product.   |
|       | Specify whether the product was purchased by researchers/the studied unit for the study or was supplied for free by the seller or manufacturer. Example: "QuikClot® Combat   |

 $\ \square$  If copyeditors feel the keywords do not meet these requirements, they will edit them and

|       | ${\sf Gauze^{\sf TM}} \ ({\sf Z-Medica, Wallingford, CT, USA; \underline{www.z-medica.com/healthcare}}). \ {\sf Provided by the manufacturer for this study.}"$   |
|-------|---|
|       | Add the registered or trademark symbol ( $^{\text{TM}}$ or $^{\text{\tiny R}}$ ) as appropriate for company names. Brand names are capitalized and generic names of drugs are lowercase.  |
|       | Statistical methods must include the level of significance (i.e., $p \le 0.05$ ).   |
| Resu  | lts   |
|       | Present the results in a logical sequence using text, tables, and figures. See more on the table and figure requirements in the manuscript checklist below.   |
|       | Include a copy of any figures and tables in the manuscript for the benefit of reviewers. ALL graphs and images must also be provided as separate high-resolution (300 dpi) images (prefer JPEGs) [see "Illustrations (Figures)"]. |
|       | Data presented in tables and figures should not be repeated in text.  |
|       | References cited only in tables or figure legends should be numbered in accordance with the sequence established by the first identification in the text of the particular table or figure.                                       |
| Discu | ssion   |
|       | Restate the purpose at the beginning. The discussion should flow from the purpose statement and a summary of the study's key findings.  |
|       | Should place the study findings in the context of what was known before the study.  |
|       | The article should end with a conclusion paragraph concisely presenting defensible takehome message.  |

## **Author Contributions**

Initials conceived of this study and wrote the protocol. Initials obtained funding and IRB. Initials acted as liaison to Organizations. Initials orchestrated all approvals for field observations. Initials recruited participants and collected and analyzed interviews and data. Initials wrote the first draft

of this paper. Initials served as medical expert during the data analysis process. All authors read and approved the final manuscript.

#### Disclaimer

All articles written by military members must be preapproved by your commander and PAO before submission. Authors must adhere to standard OPSEC practices and refrain from mentioning specific units, specific locations, troop strengths, names of actively serving military personnel, TTPs, vulnerabilities, and any other information that could be useful to an adversary.

Organization approved this publication for universal distribution. The Organization's Institutional Review Board approved the study as an exempt protocol (Protocol Number) in Month Year. The information, content, and conclusions do not necessarily represent the official position or policy of Organization(s).

#### **Disclosures**

Initials served as the role on this project and was paid through companies. All other authors report no financial disclosures. Or, "The authors have indicated they have no financial relationships relevant to this article to disclose."

Potential conflicts of interest must be included in the manuscript. The ICMJE has developed a uniform disclosure form used by all JSOM authors. Author(s) must specify whether products were purchased by researchers, their unit, or supplied for free by the seller or manufacturer. Finally, the author(s) must disclose any relationship with the manufacturer or seller, whether financial, R&D, or other.

### **Funding**

This research is sponsored by funding (grant number) from the Granting Agency. The authors should also give information regarding any other publication or presentation of study data, including meeting abstracts.

### References

| Provide direct references to original research sources whenever possible (instead of reviews). However, extensive lists of references to original work can use excessive space and may be published on our online version only.                                |
|--|
| Avoid using abstracts as references.   |
| References to papers accepted but not yet published should be designated as "in press." If these manuscripts are not indexed online yet, authors verify that they have been accepted for publication and obtain written permission to cite them.               |
| he American Medical Association reference and citation format. Download the Endnote  |
| late here: <a href="https://endnote.com/style_download/ama-11th-american-medical-association-edition/">https://endnote.com/style_download/ama-11th-american-medical-association-edition/</a>   |
|  |
| In-text manuscript citations are in numerical order of appearance (superscript).   |
| References are also in order of appearance in the manuscript.  |
| References cited only in tables or figure legends should be numbered in accordance with the sequence established by the first identification in the text of the particular table or figure.  |
| Authors: initials of first and second names with no spaces or punctuation. If there are six or fewer authors, list all. (If there are more than six authors, include only the first three, followed by "et al."). If there is no author, start with the title. |
| Abbreviate the title of the journal according to the listing in PubMed.  |
|  |

## Examples:

**Author. Title.** *Abbrev Journal.* YYYY;Vol(Issue):page range. URL. Published date. Accessed date. **Or if DOI is available, this is preferable:** 

Author AA, Author BB, Author CC, et al. Title of Book. Location: Publisher; Year:Page-Page.

**Section/chapter author**. Title of section/chapter. In: Book author (or editor followed by "ed"). *Title of the book*. Edition/Volume. City, State: Publisher; year of publication: page numbers of selection.

**Presenter Name.** Title of paper or presentation. Paper or Poster presented at: Conference Title; Month Day, Year; Location. URL. Accessed date.

**Author AA.** Webpage title. Name of Website or Organization (bold if previous information is not available). URL. Published or Updated date. Accessed date.

**Author AA.** Title of Article. *Title of Magazine or Newspaper*. Month Day, Year:Page- Page. URL. Published date or Last updated date. Accessed date.

**Author AA.** *Title of Work.* [dissertation or master's thesis]. Location: Institution; Year:Page-Page.

# **Manuscript Checklist**

| JSOM  | I-Specific Requirements: The abbreviation for the United States is U.S. The abbreviation for ultrasound is US.  |
|-------|---|
|       | Capitalize references to U.S. Servicemembers (Servicemember, Soldier, Operator, Sailor, Airman, Marine, Pararescueman, Ranger, SEAL) and Special Operations Forces (SOF) or Special Forces. Applies to U.S. only.   |
|       | Hyphenate "side-effects." Healthcare and Servicemember are one word.  |
| _     |   |
| Forma | atting: One-inch margins.   |
|       | Format to Calibri, size 12 font.  |
|       | Alignment: Justified.   |
|       | Single-spaced.  |
|       |   |
| Check | for omissions and consistency: Presence of abstract (unless not required based on article type).  |
|       | Presence of author bios.  |
|       | Permission to include names or anything previously published.   |
|       | Confirm the article title and author's name match the main text.  |
| Langu | lage:   |
|       | Avoid any acronym/abbreviation that is only used twice. All acronyms/abbreviations must be defined on first use. The spelled-out form must not be used again after the abbreviation is defined. Acronyms must be separately defined in abstract, manuscript, and Table/Figure captions. Using an abbreviation in the abstract is unnecessary, even if used in the manuscript. Do not begin a sentence with an abbreviation. Avoid abbreviations in the title. |
|       | Use active voice ("Participants provided the samples") instead of passive ("The samples were provided by the participants") except when inappropriate. In most cases, passive voice is acceptable to prevent the authors' personal pronouns ("The participants were recruited" is an acceptable alternative to "We recruited the participants").  |
|       | No blatantly offensive, culturally insensitive, or patronizing language. JSOM requires sensitivity to natives of host countries and occupied regions. Realistic language of Operators (including curse words) may be tolerated in anecdotal and historical articles,  |

mainly when used as direct quotes or when such use is traditional among Operators. We will delete or change blatantly offensive use.

| Gene  | ral:  |
|-------|---|
|       | Check spelling, capitalization, punctuation, grammar, and word usage. The Style Notes (below) take precedence.  |
|       | Confirm consistent tense. References to the current manuscript findings in the past tense ("We found that X decreased Y."). Results from other published work in present tense ("In the Santino study, X decreases Y.")   |
| Style | points  |
|       | Use "(i.e., text)" and "(e.g., text)." Use parentheses, lowercase, and periods followed by a comma.   |
|       | Latin words are italicized. Examples include: circa, et al. (note period), in vivo, in vitro.   |
|       | Use "and" instead of "&" except for R&D.  |
|       | Do not superscript in cases like 19th century (do not use 19 <sup>th</sup> )  |
|       | Used closed em for parenthetical dash and en-rule for extents. See <u>link</u> .  |
|       | Use single quotes within double quotes. Example: "He said, 'I ate the apple.'"  |
|       | Capitalize the initial letters of all major parts of speech in titles and headings ("Swimming in Combat Scenarios").  |
|       | Use serial (Oxford) comma: "X, Y, and Z" instead of "X, Y and Z."   |
|       | Lowercase $1^{st}$ letter after a colon (e.g., " aspect remains unchanged: the guidelines are evidence based.")   |
|       | Note callouts in text: 1-5  |
|       | Use periods at the end of URLs and addresses.   |
|       |   |
| Table | s:  |
|       | Type each table with double spacing on a separate sheet of paper. Number tables consecutively in the order of their first citation in the text and supply a brief title for each. Do not use internal horizontal or vertical lines other than the program's defaults. |

|        | Give each column a short or abbreviated heading. Authors should place explanatory matter in footnotes, not in the heading. Explain all nonstandard abbreviations in footnotes, and use the following symbols in sequence: *, $\dagger$ , $\dagger$ , $\S$ , $  \  $ , $\P$ , **, $\dagger$ $\dagger$ , $\ddagger$ , $\S$ §.  |
|--------|--|
|        | Identify statistical measures of variations, such as standard deviation and standard error of the mean. Be sure that each table is cited in the text. If you use data from another published or unpublished source, obtain permission and acknowledge that source fully.   |
|        | Additional tables containing backup data too extensive to publish in print may be appropriate for publication in the electronic version of the journal, deposited with an archival service, or made available to readers directly by the authors. An appropriate statement should be added to the text to inform readers that this information is available and where it is located. Submit such tables for consideration with the paper so that they will be available to the peer reviewers. |
| Figure | es   |
|        | When saving a Word document, Excel spreadsheet, or PowerPoint presentation that contains an image, loss of image quality, such as blurring, may occur because PowerPoint, Excel, and Word perform a basic compression of images on save, and it is not possible to recover pictures that have already been compressed.   |
|        | Figures should be either professionally drawn or photographed. All figures must be submitted as separate electronic files with photograph-quality (300 dpi) digital prints or figures in a format (JPEG) that will produce high-quality images. Place a copy of the image in the text for reviewers.   |
|        | Titles and detailed explanations should be given in the legends, not the figures. When symbols, arrows, numbers, or letters are used to identify parts of the illustrations, identify and explain each one clearly in the legend. Explain the internal scale and identify the original magnification and method of staining in photomicrographs.   |
|        | Photomicrographs should have internal scale markers or provide the original magnification and stain used. Symbols, arrows, or letters used in photomicrographs should contrast with the background. Photographs of potentially identifiable people must be accompanied by written permission to use the photograph.  |
|        | Figures should be numbered consecutively according to the order in which they have been cited in the text. If a figure has been published previously, acknowledge the original source and submit written permission from the copyright holder to reproduce the figure.   |
|        | Permission is required irrespective of authorship or publisher, except for documents in the public domain.   |

# **Numbers, Units, and Measures Formatting Guidelines**

o 8±3

| Spell c   | out one to nine (unless attached to units). Use numerals for 10 and above.   |  |
|---|--|--|
|   | leading zero before the decimal point (e.g., p<0.001; R<0.75). Do not use P-values at the associated data (e.g., the mean difference between the compared numbers).  |  |
| Use commas for numbers over three digits (e.g., "4,596"). |  |  |
| Date f  | ormat: 5 February 2014 (except when this conflicts with AMA citation guidelines).  |  |
| or lite   | n, height, weight, and volume should be reported in metric units (meter, kilogram, r) or decimal multiples. Temperatures should be in degrees Celsius. Blood pressure I be in millimeters of mercury. Use international units. |  |
| Do no   | t use a space between dosages and abbreviated units. Examples:   |  |
| 0   | 10mg, 10cc, 10mL, 10mcg, 60mmHg, 10cm, 1km, 10m, 10kg, 10in, 10ft, 1tbsp.  |  |
| 0   | 2lb, 8oz, 80Hz (example: "between 20 and 80Hz").   |  |
| 0   | 72°F or 15° (angle)  |  |
| 0   | 50mg/mL (milliliter: mL). 50–100mg (example: "between 75 and 100mg")   |  |
| 0   | 2g (for gram - not gm). Example: "(651g vs. 1,598g)" when in parentheses.  |  |
| 0   | 50% (use instead of "50 percent"). Example: "86.5% to 90.5%"   |  |
| 0   | $50 mcg/kg$ (do not use the $\mu$ symbol for micro, as in $50 \mu g/kg$ ). We do not want it to be confused with mg.   |  |
| 0   | 30U (for 30 units)   |  |
| 0   | 18-gauge needle can be abbreviated 18G needle  |  |
| For sp  | elled-out units, include the space:  |  |
| 0   | "150 beats per minute (bpm)" for first use. 150bpm for subsequent uses.  |  |
| 0   | "From 21 to 48 years"  |  |
| 0   | nine cups, 10 million, 18 seconds, 20 days, 13 weeks ("between 13 and 15 million")   |  |
| 0   | 60 minutes (when in a dosage, abbreviate as min and close space: "60min")  |  |
| 0   | 12 hours (when in a dosage, abbreviate as hr and close space: "12hr"). Example: "(12–72 hours)" when in parentheses.   |  |
| 0   | $\beta$ weights (not beta weights)   |  |
| 0   | postoperative day 3 (instead of postoperative Day 3).  |  |
| Apply   | this spacing guideline to statistics:  |  |
| 0   | <10, >10, "(>0.80)"  |  |
| 0   | <i>p</i> <0.001  |  |
|   |  |  |

### For Reference: Common Abbreviation/Acronym List

#### JSOM note:

 $\hfill\Box$  The abbreviation for the United States is U.S. The abbreviation for ultrasound is US.

☐ Acceptable substitutions: q5min: in lieu of "every 5 minutes;" prn in lieu of "as needed."

ABPP American Board of Professional Psychology

ABS Aftermath of Battle Scale

AAJT Abdominal Aortic and Junctional Tourniquet™

AAT Abdominal Aortic Tourniquet™

AAR after-action report

ACLS Advanced Cardiac Life Support

AGR active guard reserve

AMAL Authorized Medical Allowance List

ANA Afghan National Army

CHAMP Consortium for Health and Military Performance

ALS Advanced Life Support

ARB Attack Reconnaissance Battalion

ASOPRS American Society of Ophthalmic Plastic and Reconstructive Surgery

AT annual training

BAMC Brooke Army Medical Center

BUD/S Basic Underwater Demolition/SEAL

bpm beats/minute

C4 Combat Casualty Care Course

CA civil affairs

C-A-T Combat Application Tourniquet®

CMF Career Management Field CES Combat Experiences Scale

CoTCCC Committee on Tactical Combat Casualty Care
C-TECC Committee on Tactical Emergency Casualty Care

CroC Combat Ready Clamp
CRO combat rescue officer
CUF "care under fire"

DHA Defense Health Agency

DHA MEDLOG Defense Health Agency Medical Logistics office

DNBI disease and nonbattle injury

DO Doctor of Osteopathy
DoD Department of Defense

DoDD Department of Defense Directive

DoDTR DoD Trauma Registry
DoJ Department of Justice
DRM demands/resources model

DRRI Deployment Risk and Resilience Inventory

ECCN enroute critical care nurse

ED emergency department
EMS emergency medical services

FB foreign body

FDA U.S. Food and Drug Administration

FDP freeze-dried plasma

FFT fast Fourier transformation FLA field litter ambulance

GSW gunshot wound

Hz Hertz

HPM human performance modification HPO human performance optimization

HS hypertonic saline IDT inactive duty training

IED improvised explosive device

IgE Immunoglobulin E

INR international normalized ratio IOFB intraocular foreign body

IPAP Interservice Physician Assistant Program

IV Intravenous

Joint First Aid Kit JFAK

JTS Joint Trauma System

JETT Junctional Emergency Treatment Tool

JTTS Joint Theater Trauma System KTD Kendrick Traction Device

MD Medical Doctor

MERT Medical Emergency Response Team

MES Medical Equipment Set
MTF Military treatment facilities

MOTR Military Orthopedic Trauma Registry

NAR North American Rescue (always spell out on ad directory page)

NARA National Archives and Records Administration

NCO noncommissioned officer

NORNAVSOC Norwegian Naval Special Operations Commando

NS normal saline

OASD/HA Office of the Assistant Secretary of Defense for Health Affairs

OIC officer-in-charge

OODA Observe, Orient, Decide, and Act

PCL PTSD Checklist

PCC Primary Casualty Care \*NOTE\* This acronym is used in favor of PFC

PFC Primary Field Care
PhD Doctor of Philosophy

PHQ Patient Health Questionnaire
PHTLS Prehospital Trauma Life Support
PHTR Prehospital Trauma Registry

PJs pararescuemen
POI point of injury

PRBCs packed red blood cells
PSH Portable Surgical Hospital
PsyD Doctor of Psychology

PTLS Prehospital Trauma Life Support PTSD posttraumatic stress disorder

RS REEL Splint

SAMMC San Antonio Military Medical Center

SE standard error

SJT SAM® Junctional Tourniquet SOF Special Operations Forces

SOFMED Special Operations Medical Forces
SOM Special Operations Medicine

SOMA Special Operations Medical Association

STS Slishman Traction Splint
SWAT Special Weapons and Tactics

TBI traumatic brain injury
TCD target compression device
TCMC Tactical Combat Medical Care

TEMS Tactical Emergency Medical Support

TMC troop medical clinic

**THREAT** 

T Threat suppressionH Hemorrhage controlRE Rapid Extraction to safety

A Assessment by medical providers

Transport to definitive care

TO&E tables of organization and equipment

TRIMEDS Tri-Service Medical Excess Distribution System

US Ultrasound U.S. United States

USAISR U.S. Army Institute of Surgical Research USASOC U.S. Army Special Operations Command

VAS visual analogue scale

WALK bag Warrior Aid and Litter Kit (an NAR product)

# For Reference: Common Capitalization List

JSOM note: Capitalize references to U.S. Servicemembers (Soldier, Operator, Sailor, Airman, Marine, Pararescueman, Ranger, SEAL).

Acting Undersecretary of Defense

Airborne

Alamo Scouts

Allied and Coalition nationals

American Expeditionary Force

**Armed Services** 

Army, Navy, Air Force, Marine Corps, Coast Guard

Class II (510K) medical devices

combatant commands

combat medics

combat lifesavers

combat support hospital

Company B

Department of Defense

deployed JTTS prehospital director

**German Special Forces** 

H1N1 influenza

Hispanic or Latino ethnicity

Injury Severity Score

Israeli Defense Force

Joint Theater Trauma Registry

JTTS director

Level I trauma center

military academy cadets

Native American/Alaskan Native

**Navy SEAL** 

Operator (when referencing a U.S. SOF Soldier)

**Operational Forces** 

Pacific theater

Ranger

Ranger headquarters

Ranger unit

Regular Army

SAM Junctional Tourniquet

Second World War

Servicemembers

Soldier (U.S. only)

South Asia

Southeast Asia

Special Operations Forces (SOF)

sub-Saharan Africa

Tactical Combat Casualty Care (TCCC)

**Uniformed Services** 

unit support subscale of the DRRI

U.S. Government

Western Hemisphere

75th Ranger Regiment

**Operational Forces** 

**Special Operations Forces** 

U.S. Army 75th Ranger Regiment

U.S. Army Institute of Surgical Research

U.S. Central Command

U.S. Forces

U.S. Government

U.S. Military

**U.S. Special Operations Command** 

Army Health Care Specialist (Military Occupational Specialty 68W)

Aerospace Medical Technician (Air Force Specialty Code 4N)

Navy Hospital Corpsman (HM rating)

## For Reference: Formatting for Titles, Ranks, and Degrees

#### Rank:

□ Abbreviations for military ranks vary by branch of service.
 □ Please see <a href="https://www.formsofaddress.info/military-rank-abbreviations/">https://www.formsofaddress.info/military-rank-abbreviations/</a>.
 □ If you are not sure about their branch of service, please contact the publisher. Publisher@JSOMonline.org.

Academic degrees:

Bachelor of Arts degree in biology master of science degree

## Examples of Titles:

Army Chief of Staff GEN Peter J. Schoomaker assistant professor in the Department of Psychology at the University of Utah Chief of Psychological Applications command surgeon commanding officer department research director deputy command surgeon Director of Trauma Care Delivery executive director of the National Center for Veterans Studies fellow of the American College of Surgeons JTTS director medic Navy SEAL platoon commander Office of the Chief Surgeon, National Guard Bureau research manager for the National Center for Veterans Studies senior research physiologist staff emergency medicine physician

## For Reference: Frequently Used Brands and Products

Abdominal Aortic and Junctional Tourniquet™ (AAJT™; http://www.chinookmed.com)
Combat Ready Clamp™ (CRoC™; <a href="http://www.combatmedicalsystems.com">http://www.combatmedicalsystems.com</a>)
Junctional Emergency Treatment Tool (JETT™; http://www.narescue.com)
QuikClot® Combat Gauze™ (<a href="http://www.z-medica.com/healthcare/Products">http://www.z-medica.com/healthcare/Products</a>).
SAM Junctional Tourniquet® (SJT®; http://www.sammedical.com/products)

AAJT Abdominal Aortic and Junctional Tourniquet™

AAT Abdominal Aortic Tourniquet<sup>TM</sup>

Atabrine™ Benzedrine™

C-A-T Combat Application Tourniquet®, http://combattourniquet.com/

CRoC<sup>TM</sup> Combat Ready Clamp

Celox™ Gauze ChitoGauze® Combat Gauze™ Combat Gauze™ XL

EZ-IO® Intraosseous Infusion System

HemCon® bandage

JETT<sup>™</sup> Junctional Emergency Treatment Tool

Omni-Stat™

SAM® Junctional Tourniquet

TraumaStat™ Voluven® WoundStat™

# For Reference: Detailed *American Medical Association* Reference and Citation Format

The rules and examples below are for reference only. Selected examples below from <a href="https://guides.lib.berkeley.edu/publichealth/style/AMA">https://guides.lib.berkeley.edu/publichealth/style/AMA</a> and other sources. Omit any unavailable information.

#### Journals:

Author. Title. Abbrev Journal. YYYY; Vol(Issue): page range. URL. Published date. Accessed date.

Or if DOI is available, this is preferable:

**Kotwal RS, Butler FK, Montgomery HR, et al.** The Tactical Combat Casualty Care Casualty Card. *J Spec Ops Med.* 2013;13:82–86.

**Armistead-Jehle P, Johnston SL, Wade NG, Ecklund CJ.** Posttraumatic stress in U.S. Marines: the role of unit cohesion and combat exposure. *J Counseling Dev.* 2011;89:81–88.

**Kragh JF, et al.** Prehospital emergency inguinal clamp controls hemorrhage in cadaver model. *Mil Med*. 2013;178:799–805.

**Kragh JF Jr, Murphy C, Dubick MA, Baer DG, et al.** New tourniquet device concepts for battlefield hemorrhage control. *US Army Med Dept J.* 2011;Apr–Jun:38–48.

**Rall JM, Cox JM, Songer AG, et al.** Comparison of novel hemostatic gauzes to QuikClot Combat Gauze in a standardized swine model of uncontrolled hemorrhage. *J Trauma Acute Care Surg.* 2013;75(2 Suppl 2):S150–S156.

**Porell F, Carter M.** Discretionary hospitalization of nursing home residents with and without Alzheimer's disease: a multilevel analysis. *J Aging Health*. 2005;17(2):207-238. Doi: 10.1177/0898264304274302.

#### Whole Books:

**Author AA, Author BB, Author CC, et al.** *Title of Work*. Location: Publisher; Year:Page- Page.

**Tanielian T, Jaycox LH.** *Invisible wounds of war: psychological and cognitive injuries, their consequences, and services to assist recovery.* San Monica, CA: RAND Corporation; 2008.

**King DW, King LA, Vogt DS.** Manual for the Deployment Risk and Resilience Inventory (DRRI): a collection of measures for studying deployment-related experiences of military veterans. Boston, MA: National Center for PTSD; 2003.

American College of Surgeons and National Association of EMTs. *Prehospital trauma life support: Military edition.* 7<sup>th</sup> ed. Burlington, VT: Jones & Bartlett; 2011.

**Fatemi SH, Clayton PJ, eds.** *The Medical Basis of Psychiatry*. 3<sup>rd</sup> ed. Totowa, NJ: Humana Press; 2008. <a href="http://rave.ohiolink.edu/ebooks/ebc/9781597452526">http://rave.ohiolink.edu/ebooks/ebc/9781597452526</a>. Accessed June 4, 2009.

**Withers BG, Craig SC.** The historical impact of preventive medicine in war. Vol 1. Washington, DC: Government Printing Office; 2004.

#### Books by Editors:

**Butler FK, Giebner S, McSwain N, eds.** *Prehospital trauma life support manual.* 7<sup>th</sup> ed, military version. St Louis, MO: Mosby/Elsevier; 2010.

#### Book Article, Chapter, or Section:

**Section/chapter author**. Title of section/chapter. In: Book author (or editor followed by "ed"). *Title of the book*. Edition/Volume. City, State: Publisher; year of publication: page numbers of selection.

**Guyton JL, Crockarell JR.** Fractures of acetabulum and pelvis. In: Canale ST, ed. *Campbell's Operative Orthopaedics.* 10<sup>th</sup> ed. Philadelphia, PA: Mosby, Inc; 2003:2939-2984.

#### Convention papers:

**Presenter Name.** Title of paper or presentation. Paper or Poster presented at: Conference Title; Month Day, Year; Location. URL. Accessed date.

Weathers F, Litz B, Herman D, et al. The PTSD checklist (PCL): reliability, validity, and diagnostic utility. Presented at: Annual Convention of the International Society for Traumatic Stress Studies; 1993; San Antonio, TX.

**Gates KS, Baer L, Holcomb JB.** Prehospital emergency care evaluation of the Junctional Emergency Treatment Tool with a perfused cadaver model. Podium presentation at: Scientific Assembly of the Special Operations Medical Association; 2013; Tampa, FL.

#### Websites and online publications:

**Author AA.** Webpage title. Name of Website or Organization (bold if the previous information is unavailable). URL. Published or Updated date. Accessed date.

American College of Emergency Physicians. Freestanding emergency departments: an information paper. <a href="http://www.acep.org/uploadedFiles/ACEP/Practice\_Resources/issues\_by\_category/administration/Freestanding%20Emergency%20Departments%200713.pdf">http://www.acep.org/uploadedFiles/ACEP/Practice\_Resources/issues\_by\_category/administration/Freestanding%20Emergency%20Departments%200713.pdf</a>. Published July 2013. Accessed February 5, 2014.

#### News or magazine article:

**Author AA.** Title of Article. *Title of Magazine or Newspaper*. Month Day, Year:Page- Page. URL. Published date or Last updated date. Accessed date.

**Fritz J.** Tragedy of errors. Florida Times-Union. January 17, 1999. <a href="http://www.jacksonville.com/tu-online/stories/011799/met 1a1bland.html">http://www.jacksonville.com/tu-online/stories/011799/met 1a1bland.html</a>. Accessed February 5, 2014.

#### **Doctoral Dissertations and Masters Theses**

**Author AA.** *Title of Work*. [dissertation or master's thesis]. Location: Institution; Year:Page-Page.

**Feasel K.** Profiles of personal agency: Ethnocultural variations in self-efficacy beliefs. [Dissertation]. Urbana-Champaign, IL: University of Illinois at Urbana-Champaign; 1999.

#### For Reference: Abbreviation of Common Journal Titles for References

Use PubMed abbreviations.

Acad Emerg Med

ACS Bull

Addict Behav

Adv Nutr

Clin Chest Med

Clin J Pain

Clin Psychol Rev

Clin Ther

Adv Nutr (Bethesda, Md.)

Cochrane DB Syst Rev

Current Allergy Asthma R

Am Fam Physician

Curr Med Chem

Curr Opin Endocrinol Diabetes Obes

Am J Emerg Med

Electroencephalogr Clin Neurophysiol

Am J Indust Med Emerg Med (Fremantle)
Am J Orthop Environ Sci Technol

Am J Psychiatry Eur J Appl Physiol Occup Physiol

Am J Sports Med Exp Brain Res
Anesth Analg Food Sci Technol Int
Anxiety Stress Coping Front Hum Neurosci

Ann Emerg Med

Ann R Coll Surg Engl

ANZ J Surg

Health Promot Int

ANZ J Surg Health Promot Int
Arch Ophthalmol Hum Factors

Appetite Injury
Armed Forces J Int J Burn Trauma

Arthroscopy Int J Environ Res Public Health

Asian Pacific J Allergy Immunol Int Psychogeriatr
Assessment Iranian J Nursing Midwifery Res

Assessment Iranian J Nursing Midwijery Res
Austral Fam Phys JAMA

Aviat Space Environ Med J Acad Nutr Diet
Binocul Vis Strabismus Q J Affective Dis

BMC Medicine

J Am Acad Orthop Surg

BMC Neurosci

J Army Med Dept

Appl Psycho

BMC Psychiatry J Appl Psycho
BMJ J Appl Soc Psychol

Behav Brain Funct J Bone Joint Surg Br Proc BioFactors (Oxford, England) J Consult Clin Psychol

BioFactors (Oxford, England)

BioMed Res Int

J Counseling Dev

Br J Anesth

J Emerg Med Serv

Br J Sports Med

J Emerg Nursing

Br Med J

Calcif Tiss Int

J Fam Violence

Can Med Assoc J

J Consult Clin Psychol

J Emerg Med Serv

J Fam Psychol

J Fam Violence

Cavalry J Neurol Neurosurg Ps

J Neurophysiol

J Nutr Educ Behav

J Nutr Gerontol Geriatr J Nutr Health Aging

J Occup Health Psychol

J Orthop Trauma J Perioper Pract J Psychiatric Res

J Physiol

J Physiol Anthropol J R Army Med Corps

J R Nav Med Serv J Sci Food Aar

J Spec Oper Med (we use JSOM in informal

discussions) J Surg Res J Trauma

J Trauma Acute Care Surg

J Traumatic Stress Mamm Genome Med Sport Sci Mil Med Mil Psychol Mol Metab MSMR

Nat Rev Neurosci N Engl J Med

Neuropharmacology
Nutr Metab Cardiovasc Dis

Nutr Neurosci Obes Rev Occup Med Ophthalmology PloS ONE

Prehosp Dis Med Prehosp Emerg Care

Psychiatry: Interpers Biol Process

Psychol Addict Behav

Physiol Behav

Prehosp Emerg Care

Psychol Sci

Scand J Trauma Resuscit Emerg Med

Traumatology US Army Med Dept J Wilderness Environ Med

# For Reference: Common Spelling Errors List

The following words are sometimes misspelled in the manuscripts. The "trouble spots" are typed in red.

abscess

albumen amoxicillin aneurysm

arrhythmia asthma

brachial .

c<mark>oca</mark>ine cod<mark>ei</mark>ne

conjunctiva decubitus diarrhea diphtheria dysentery

ecchymosis

n<mark>eu</mark>ro

Novocaine

ophthalmoscope pathognomonic

penicillin phlegm

pneumococcus

pruritus
purulent
rhythm
saliva
sedentary
specimen
stethoscope

susceptible

foramen
funduscope
gonorrhea
hematoma
humerus
malleolus
mnemonic
mucous (adjective)
mucus (noun)

symmetrical syphilis temporal tetanus thoracic tinnitus vulva